Washtenaw Community College Comprehensive Report

NUR 255 Mental Health Nursing Effective Term: Fall 2012

Course Cover

Division: Math, Science and Health **Department:** Nursing & Health Science

Discipline: Nursing Course Number: 255 Org Number: 15220

Full Course Title: Mental Health Nursing Transcript Title: Mental Health Nursing

Is Consultation with other department(s) required: No

Publish in the Following: College Catalog , Time Schedule , Web Page

Reason for Submission: Course Change

Change Information:

Pre-requisite, co-requisite, or enrollment restrictions

Rationale: Nursing faculty voted to change continuing eligibility requirements for APNURS for

minimum grades: for NUR courses - C+; and in support courses - C.

Proposed Start Semester: Fall 2012

Course Description:

This course uses the nursing process to understand basic mental health nursing care for selected individuals in the hospital and community. The central focus is to help the student become more sensitive to human behavior and to act in a therapeutic manner. Disturbed patterns of coping, prevention of mental illness, and maintenance and restoration of mental health are discussed. This course builds upon knowledge gained in prerequisite courses.

Course Credit Hours

Variable hours: No

Credits: 3

Lecture Hours: Instructor: 45 Student: 45

Lab: Instructor: 0 Student: 0 Clinical: Instructor: 0 Student: 0

Total Contact Hours: Instructor: 45 Student: 45

Repeatable for Credit: NO Grading Methods: Letter Grades

Audit

Are lectures, labs, or clinicals offered as separate sections?: NO (same sections)

College-Level Reading and Writing

College-level Reading & Writing

College-Level Math

Requisites

Prerequisite

NUR 123 minimum grade "C+"

and

Prerequisite

NUR 131 minimum grade "C+"

and
Prerequisite
NUR 124 minimum grade "P"
and
Prerequisite

NUR 132 minimum grade "P"

<u>General Education</u> <u>Request Course Transfer</u>

Proposed For:

Eastern Michigan University University of Michigan

Student Learning Outcomes

1. Identify foundational principles of mental health nursing care.

Assessment 1

Assessment Tool: Assessment Technologies Institute (ATI), Mental Health Nursing

exam.

Assessment Date: Spring/Summer 2013 Assessment Cycle: Every Three Years Course section(s)/other population: all

Number students to be assessed: ~48/semester

How the assessment will be scored: Assessment Technologies Institute provides

standardized test results

Standard of success to be used for this assessment: 75 percent of students will

score at or above Proficiency Level 2 on 1st attempt

Who will score and analyze the data: Course Coordinator

2. Identify traditional nonpharmacological therapies for managing mental health issues.

Assessment 1

Assessment Tool: Assessment Technologies Institute (ATI), Mental Health Nursing

exam.

Assessment Date: Spring/Summer 2013 Assessment Cycle: Every Three Years Course section(s)/other population: all

Number students to be assessed: ~48/semester

How the assessment will be scored: Assessment Technologies Institute provides

standardized test results

Standard of success to be used for this assessment: 75 percent of students will

score at or above Proficiency Level 2 on 1st attempt

Who will score and analyze the data: Course Coordinator

3. Identify principles of nursing care of individuals with psychobiologic disorders using the nursing process.

Assessment 1

Assessment Tool: Assessment Technologies Institute (ATI), Mental Health Nursing

exam.

Assessment Date: Spring/Summer 2013
Assessment Cycle: Every Three Years
Course section(s)/other population: all

Number students to be assessed: ~48/semester

How the assessment will be scored: Assessment Technologies Institute provides

standardized test results.

Standard of success to be used for this assessment: 75 percent of students will score at or above Proficiency Level 2 on 1st attempt.

Who will score and analyze the data: Course Coordinator

4. Identify psychopharmacological therapies for select psychobiologic disorders.

Assessment 1

Assessment Tool: Mental Health Nursing ATI test

Assessment Date: Spring/Summer 2013
Assessment Cycle: Every Three Years

Course section(s)/other population: all sections Number students to be assessed: ~ 48/semester

How the assessment will be scored: Assessment Technologies Institute provides

standardized test results

Standard of success to be used for this assessment: 75 percent of students will

score at or above Proficiency Level 2 on 1st attempt.

Who will score and analyze the data: Course Coordinator

5. Identify principles of mental health nursing in caring for special populations using the nursing process.

Assessment 1

Assessment Tool: Mental Health Nursing ATI standardized test

Assessment Date: Spring/Summer 2013 Assessment Cycle: Every Three Years

Course section(s)/other population: all sections Number students to be assessed: ~48/semester

How the assessment will be scored: Assessment Technologies Institute provides

standardized test results

Standard of success to be used for this assessment: 75 percent of students will

score at or above Proficiency Level 2 on 1st attempt

Who will score and analyze the data: Course Coordinator

6. Determine the care of individuals during psychiatric emergencies using the nursing process.

Assessment 1

Assessment Tool: Mental Health Nursing ATI Standardized Test

Assessment Date: Spring/Summer 2013 Assessment Cycle: Every Three Years

Course section(s)/other population: all sections Number students to be assessed: ~ 48/semester

How the assessment will be scored: Assessment Technologies Institute provides

standardized test results

Standard of success to be used for this assessment: 75 percent of students will

score at or above Proficiency Level 2 on 1st attempt

Who will score and analyze the data: Course Coordinator

Course Objectives

1. Identify basic mental health nursing concepts using the nursing process: a) assessment process as applied in the mental health setting b) considerations across the lifespan c) mental health diagnoses d) therapeutic strategies in the mental health setting

Matched Outcomes

- 1. Identify foundational principles of mental health nursing care.
- 2. Identify legal and ethical principles that apply to clients in mental health settings.

Matched Outcomes

- 1. Identify foundational principles of mental health nursing care.
- 3. Describe the use of therapeutic communication to establish the nurse-client relationship.

Matched Outcomes

1. Identify foundational principles of mental health nursing care.

4. Describe anxiety and an individual's use of defense mechanisms.

Matched Outcomes

- 1. Identify foundational principles of mental health nursing care.
- 5. Describe how the nurse can create and maintain a therapeutic and safe environment.

Matched Outcomes

- 1. Identify foundational principles of mental health nursing care.
- 6. Describe diverse practice settings used for providing mental health care.

Matched Outcomes

- 1. Identify foundational principles of mental health nursing care.
- 7. Describe the following nonpharmacological therapies: a) psychoanalysis, psychotherapy, and behavior therapies b) group & family therapy c) stress management d) electroconvulsive therapy e)conflict resolution and f) community mental health interventions

Matched Outcomes

- 2. Identify traditional nonpharmacological therapies for managing mental health issues.
- 8. Identify significant patient assessment data and diagnostic findings, key nursing diagnoses, prioritized nursing interventions, and desired patient outcomes for the following psychobiologic disorders: a) anxiety disorders b) depressive disorders c) bipolar disorders d) schizophrenia and other psychotic disorders e) personality disorders f) cognitive disorders g) chemical and other dependencies h) eating disorders

Matched Outcomes

- 3. Identify principles of nursing care of individuals with psychobiologic disorders using the nursing process.
- 9. Identify current pharmacological management of the following psychobiologic disorders: a) anxiety disorders b) depression c) bipolar disorders d) psychoses e) children and adolescents with mental health issues f) cognitive disorders g) eating disorders h) substance use disorders

Matched Outcomes

- 4. Identify psychopharmacological therapies for select psychobiologic disorders.
- 10. Describe the mental health care of individuals who are dying and/or grieving.

Matched Outcomes

11. Identify the mental health nursing care of children and adolescents with the following conditions: a) mood disorders b) anxiety disorders c) behavior disorders

Matched Outcomes

12. Identify the nurse's role in Psychiatric Emergencies such as crisis management, suicide, anger management, family and community violence, sexual assault and homelessness.

Matched Outcomes

6. Determine the care of individuals during psychiatric emergencies using the nursing process.

New Resources for Course

Course Textbooks/Resources

Textbooks

ATI. RN Mental Health Nursing, 8.0 ed. N/A: ATI Nursing Education, 2010, ISBN: 978-1-933107.

Varcarolis, E and Halter, M. *Essentials of Psychiatric Mental Health Nursing*, 1st ed. Missouri: Saunders Elsevier, 2009, ISBN: 978-4160-00.

Manuals

Chiappetta,L, et al. <u>NUR 255 and NUR 256 Mental Health Nursing Coursepack and Workbook</u>, Huron Valley Publishing, 08-28-2010 Periodicals

Software

Equipment/Facilities

<u>Reviewer</u>	<u>Action</u>	<u>Date</u>
Faculty Preparer:		
Gloria Velarde	Faculty Preparer	Sep 21, 2011
Department Chair/Area Director:		
Gloria Velarde	Recommend Approval	Sep 21, 2011
Dean:		
Martha Showalter	Recommend Approval	Sep 23, 2011
Vice President for Instruction:		
Stuart Blacklaw	Approve	Oct 14, 2011